

Family Devotional



🕒 Time: 20 minutes

📖 Age range: 6-10 years old

✂️ Supplies needed: Bible, pencil, Twizzlers or rope candy

Say:

“Who can name some different feelings? What feelings have you had today? Now I am going to pass out a Twizzler to each of you and then I am going to read some Bible verses about Jesus and the different feelings He had when He was on earth. After each verse, I will pause and see if you can use the Twizzlers to make a mouth shape that goes with the feeling Jesus had. We can check off the feeling faces below as we come across each one.”

Read:

Mark 10:17-21 (love)

John 11:32-36 (sadness)

Luke 10:21 (joy)

Matthew 26:36-38 (sorrow)

John 2:13-17 (anger)

John 4:4-6 (tired)

Matthew 15:32 (concern)

Matthew 4:1-2 (hunger)

Pray:

Thank you Jesus for reminding us that you had feelings too. You know what it is like to be me. Help me remember to reach out to You when my feelings get too big for me to handle. Thank you for always being there for me. Amen.

