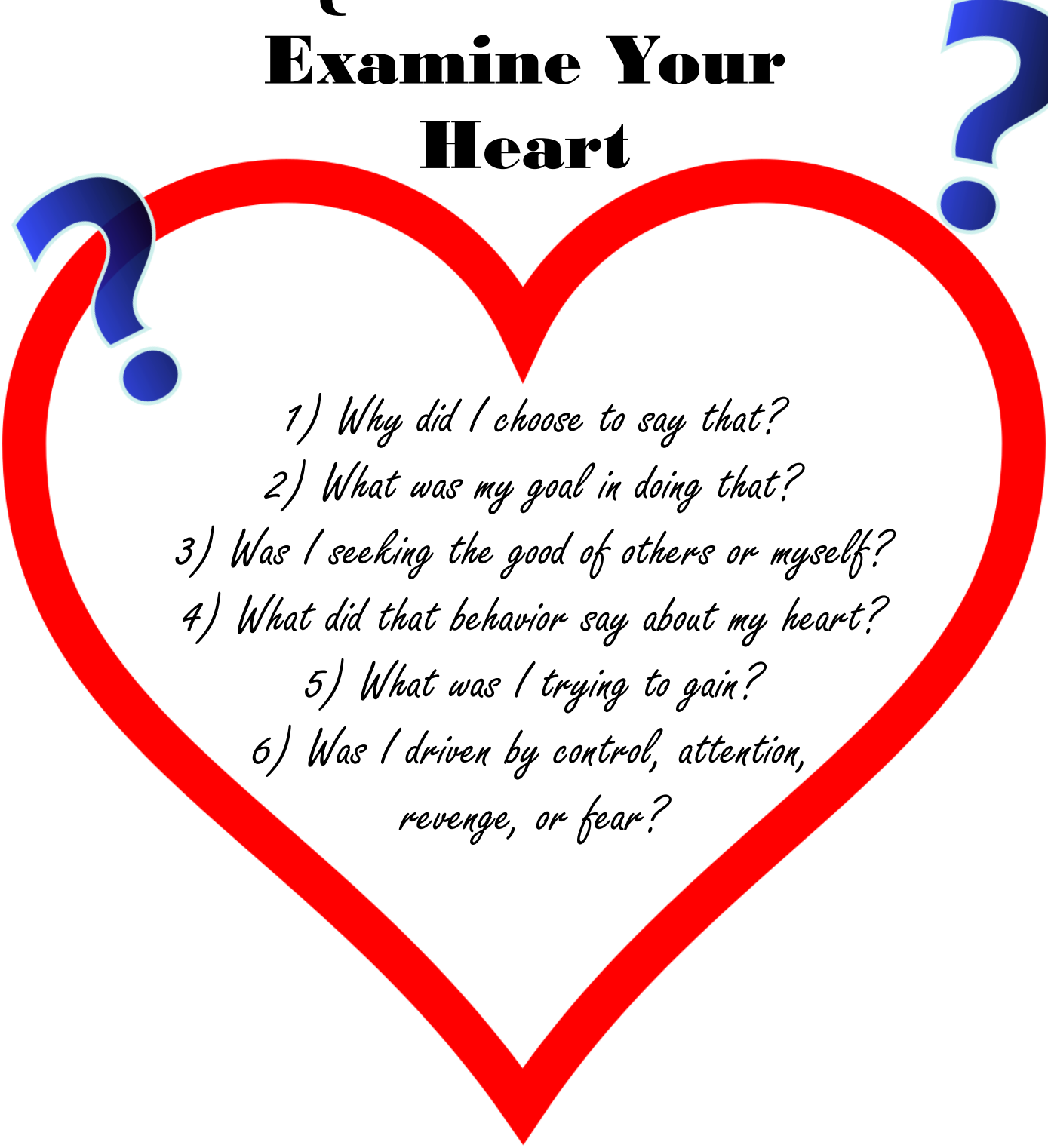


# Questions to Examine Your Heart

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- 1) *Why did I choose to say that?*
  - 2) *What was my goal in doing that?*
  - 3) *Was I seeking the good of others or myself?*
  - 4) *What did that behavior say about my heart?*
  - 5) *What was I trying to gain?*
  - 6) *Was I driven by control, attention, revenge, or fear?*