

Quick Tips ...

When in doubt, pray.

Model self-control.

Pause to think before you respond.

Ask yourself: what has worked before?

Ask yourself: does this behavior have eternal implications?

Remember: behavior reflects the heart –address both.

Do what is right, not what is easiest.

Apologize if you need to.

Follow through on what you say.

"A gentle answer turns away wrath, but a harsh word stirs up anger."

Proverbs 15:1



- * Make family time a priority.
- * Encourage each family member daily.
- * Tell your kids that God loves them.
- * Focus on the positive .
- * Make eye contact and smile.
- * Study God's word together.
- * Pray for one another.
- * Serve others together.

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Build Your Family Up

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Be Encouraged!

Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand. Isaiah 41:10

A RIGHTEOUS MAN MAY HAVE MANY TROUDLES, DUT THE LORD GELIVERS HIM TROM THEM ALL PSALM 34:19

Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken. Psalm 55:22

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